

# ***ST. ANDREW'S CHURCH, NEW PALTZ***

## ***PARISH & COMMUNITY NEWS***

***MAY 14, 2026***

### **Seventh Sunday of Easter**

Readings: Isaiah 45:1-7; Psalm 21:1-7; 1 Peter 4:12-14; 5:6-11; John 17:1-11

[For readings see: [www.lectionarypage.net](http://www.lectionarypage.net)]

### **Worship Schedule**

Sunday	Mon.	Tuesday	Wednesday	Thursday	Friday	Sat
<b>9:30 am Eucharist</b> (in-person & livestreamed) <b>Coffee hour</b> (following the service)  <b>11:00 am – noon –</b> <b>Sunday School</b> on the 1 <sup>st</sup> & 3 <sup>rd</sup> Sundays of each month at Redeemer Lutheran Church		<b>10:00 am Morning Prayer</b> on Zoom  <b>12:30 – 2 pm –</b> Body & Soul: The <b>Tuesday Book Group</b> on Zoom		<b>10:00 am Morning Prayer</b> on Zoom		

**Church YouTube Live Stream link for Sunday services:**

<https://www.youtube.com/@standrewsepiscopalchurch-n6936>

**Church ZOOM link:** <https://zoom.us/j/570270415>



## **A PRIEST'S PONDERINGS...**

**The Rev. Allison Moore**

Today, May 14, is Ascension Day, when the Risen Christ is lifted up into heaven. The story is at the end of Luke and the beginning of Acts, written by the same author but with some creative differences, and it seems simply unbelievable. My response too often is laughter, some quip about deus ex machina or launching people into heaven, and then some guilt at my irreverence. This year is no different.

“Beam me up, Scotty, there’s no intelligent life down here,” says Captain Kirk when he initially explores a new planet in ancient episodes of Star Trek.

Jesus said to the disciples, who were standing around worrying that something odd was going to happen, ‘But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.’ When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight.” (Acts 1).

The more I lived into “beam me up, Scotty” the more I appreciated Luke’s story. I want to be lifted out of suffering, out of my own stupidity and the stupidities of the world, out of having to care for others. Wanting to escape suffering is completely understandable and very human. But what happens when we refuse to see the suffering of those around us? When we blame the suffering of others on their own bad decisions, or work ethic, or stupidity? Or even when we deny and ignore our own suffering at our own expense?

Jesus is effectively “beamed up.” And yet, he is surrounded by friends, he acknowledges their grief and confusion, he promises the Holy Spirit, and he gives them a mission: to be among those who are suffering, to admit their own pain and sin and forgive each other, to trust when it seems that hope is gone that Love, or God, or Jesus, or the Holy Spirit “will not leave us comfortless” (John 17, which we will hear Sunday). More than that, we have not only the capacity but the commandment to love, to be compassionate, to walk with people through suffering and to know that we are not alone. Our compassion can inform our politics, our faith, and our common life.

There are still days when my first response is “beam me up Scotty,” or Jesus, or whoever is staffing the space ship. And there were episodes where the Star Trek crew exhibited great compassion and wisdom. And yet, I think I’ll stick with Jesus, and with the lifelong opening of my heart to more love.

## Note from Allison:

I will be away for the next two Sundays for an eight-day silent retreat at Eastern Point Retreat house. Usually I only miss one Sunday, but this year the New Paltz calendar made that difficult. On **Sunday May 17**, The Rev. Kathleen Mandeville will preach and celebrate-- Kathleen was the priest who sponsored me for ordination out of St. Clement's church around 1986. She's now living in Rosendale and most of her ministry is as a family constellation coach and facilitator of Gateway House, an interfaith worshipping and service community. On **May 24**, Pentecost, Val McAllister will lead Morning Prayer.



***NEW ADDITIONAL DATE!!***  
***This Saturday***  
***COME SHOP***  
***COME VOLUNTEER TO HELP***

Digital Media Journalism, Black Lives Matter @ School and Episcopal  
Campus Ministry



March 31 Ed Bell, SUNY Central  
 April 8: Esther Val, SUNY New Paltz  
 April 21: Brenda Hicks-Hush, New Paltz  
 May 5: Esi Lewis, MWL Center

Podcast link at the MWL website



Margaret Wade-Lewis website link: <https://www.mwlcenter.org/podcastwbg>

Our own **Brenda Hicks-Hush** is featured on the latest *We Be Griots* podcast, found at the [Margaret Wade Lewis Center website](https://www.mwlcenter.org/podcastwbg) or "wherever you access podcasts."

**SCHEDULE AT ST. ANDREW’S FOR SUNDAY (May 17)**

- LEM: .....MaryAnn Lis-Simmons
- Acolyte:.....Ella Brown
- Lector :.....Brenda Hush
- Usher: .....Martin Bend
- Altar Guild: .....Susan Piowaty
- Organist: .....Janet Frommer
- Coffee Hour: .....Charlene Wynkoop
- Live Stream Tech: .....Charlie Burgner




## **ACTION CORNER**

Steps you can take to work on justice. Ideas welcome!!

### **Actions for this week**

*See the church website for recent actions*





# **SPIRITUAL PRACTICES FOR RESISTANCE**

RESISTING EVIL, RACISM, & CHRISTIAN NATIONALISM

**Wednesday Evenings on Zoom**  
**June 3, 10, 17, 24**


6:45 Prayer | 7-8pm Discussion

Brief Readings from Jim Wallis, Kelly Brown  
Douglas, and Cole Arthur Riley

Facilitated by  
The Rev. Dr. Allison Moore  
The Rev. Dr. Meg Stapleton Smith

Learn more & sign up at [ctkstoneridge.org/sp4r](http://ctkstoneridge.org/sp4r)

**Sponsored by Ulster Deanery**



## **NEW PALTZ REGATTA**

**Anyone interested in helping to build  
a St. Andrew's Boat?**

**Or helping to row?**

**Let Allison know**

**Boat base to arrive at St. Andrew's this week! Don't be  
surprised to see it on the lawn!!**

The 71<sup>st</sup> annual New Paltz Regatta

June 14th, 2026

# Tending the Roots:

## Recognizing Trauma & Cultivating Wellness

### Integrating Trauma-Informed Practices in Work & Life

**This FREE training helps understand how toxic stress and trauma affect us.** We will learn about how discrimination and oppression of all kinds impact our environment and experiences. Racism will be the example we use to explore these connections. This training covers information about wellness, resilience, and adopting trauma-informed approaches. We want everyone to have the knowledge and tools to create safe and supportive spaces.

#### Training consists of 3 consecutive Tuesdays and are best taken in order:

June 9<sup>th</sup>, 16<sup>th</sup>, and 23<sup>rd</sup>  
1:00pm - 3:30pm  
@ New Paltz Church of the Nazarene  
170 Route 32 North in New Paltz



Call Phoenix for more info:  
**845-275-5413**

## Training Modules:

1. INTRODUCTION TO TRAUMA AND TOXIC STRESS
2. TRAUMA... THE MIND AND THE BODY
3. WELLNESS, RESILIENCE, AND HEALING
4. TRAUMA-INFORMED APPROACHES
5. COMPASSION RESILIENCE
6. ADOPTING THE PRACTICE

#### LEARNING OBJECTIVES

- ◆ Ensure a fundamental understanding of trauma, its prevalence, and affects.
- ◆ Provide strategies and interventions to build effective and sustainable trauma-informed care practices and environments.
- ◆ Ensure an understanding of how collective trauma, using as an example race-based traumatic stress, has a cumulative effect on an individual's mental and physical health.
- ◆ Promote strategies to address social determinants of health in order to reduce inequities and disparities at individual and systemic levels.
- ◆ Encourage organizations to build internal capacity that sustains trauma-responsive care and the ability to train their workforce.

**Register now!**

Registration is required by June 5<sup>th</sup>. Send email to Phoenix at: [pkawamoto@townofnewpaltzny.gov](mailto:pkawamoto@townofnewpaltzny.gov)



## FOOD COLLECTION

There is a basket at the entryway to the church where we ask that you place **non-perishable food items** for distribution to those who come by for Free Fresh Food as well as to Family of New Paltz.

## FREE FRESH FOOD

This Sunday, 1-3pm. Donations of fresh food, soups, and non-perishable food are welcome, as are volunteers!



## BUILDING RENOVATION NEWS

The architect, Allen Ross, presented his findings to the church and they are moving forward in their feasibility study, working with the Building Renovation committee.

## COFFEE HOUR

Sign up to do coffee hour on sign up sheet in the parish hall. Information on how easy it is to participate in this ministry is on the sheet and in the kitchen.

**THANK YOU** to all those who served at St. Andrew's this week especially Rae, Carla, Annette, David, Valerie, Janet, Dean, Henry, Jane, Luba, Susan, and Jennifer. Thank you to those who continue to help with the food pantry and the free fresh food project, those who tend to the grounds of the church and vicarage, and those who are helping with the live streaming of the Sunday service.

## Church Office Hours

### Tuesdays, Wednesdays, Thursdays

### 9:30 am – 2:30 pm

*If you need to reach someone when the office is closed, contact The Rev. Allison Moore at 845-633-8272 or by email to [standrewsrev@gmail.com](mailto:standrewsrev@gmail.com); Julie Mazur, Senior Warden at 845-853-3708; or David Slingerland, Junior Warden at 845-702-2552.*



### ON-GOING EVENTS, MEETINGS, ETC.

#### FREE FRESH FOOD!

Free Fresh Food 1:00 – 3:00 p.m. 1st Sundays: Reformed Church of New Paltz; 2nd Sundays: Redeemer Lutheran Church; **3rd Sundays: St. Andrew's Episcopal Church**; 4th Sundays: Methodist Church; 5th Sundays: New Paltz Friends Meeting, 8 N. Manheim

#### Andy's Peeps

Online forum for St. Andrew's community  
<https://www.facebook.com/groups/andyspeeps/>

#### Sunday School

**First & third Sundays, 11:00 a.m. at Redeemer Lutheran Church**

St. Andrew's Website ([www.standrewnp.org](http://www.standrewnp.org))

Facebook page (<https://www.facebook.com/standrewsnp/>)

#### ***Our Parish Prayer List:***

We continue to pray for especially ***Charles, Edna, Sheila, DuSean, Lisa, Mary, Gabriel, Joan, Gwenn, Nancy, Patricia, Ola, Joe, Janet, Charles, Martha, Elizabeth, James, Linda, Charlene, Christine, Jen, Jacob, Gisela, Miles, Chet, Rodger, Jennifer, Hush, Brenda, Ann.***